

near Cesis is always ready for customers. There you can overcome your frights of height doing bungee jumping and walking roped tracks in the forest from tree to tree and learn to trust your team.

After a well spent day Cesis offers many cafes and restaurants for tourists and local citizens. Because of the huge range of restaurants and cafes they will be able to satisfy even the most particular gourmand. In the evening you can spend the night in local hotels which provide for various relaxation procedures and treatment.

In 2014 Cesis will be nominated as a culture capital city. Because of this big event, in Cesis there will be lot of culture-historical and physical activities. This event has gained huge attention, because it is big honor for a tiny city. That is why if someone has got interested to visit Cesis and its area, then the best time would be in 2014.

LATVIAN FOLK SONGS — LATVIAN IDENTITY SYMBOL

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The world is developing very rapidly, and Latvia has also been involved in the globalization process. Unfortunately, this process has resulted in the loss of many of our cultural values. On the other hand, several organizations have joined to maintain the cultural objects, such as the Latvian Cultural Foundation, United Nations Educational, Scientific and Cultural Organization (UNESCO) etc. And one of the values that we try not to lose is the «Cabinet of Folksongs», which is full of Latvian folk songs — the Latvian identity symbol.

«Latvian Folk Songs» is the name of the first Latvian folk edition, which was created by Krišjānis Barons, a Latvian now known as the *Daina* (folk song) father, because he was the man who took on collecting folksongs and folklore texts, as well as organizing them according to separate themes and topics. An increase in the number of the collected folk songs required to systematize them. For this reason, he sorted them as a kind of text basic forms choosing a quatrain, each written on a separate sheet. To be able to structure and facilitate their storage, Krišjānis Barons created this *Daina* cabinet, which was

commissioned in Moscow in 1880. Before it they were stored in simple boxes.

The cabinet is 160 cm high, 66 cm wide and 42 cm deep. The cabinet had 70 drawers which were divided in 20 compartments. The cabinet contains a total of approximately 268,815 different folk songs.

Only one copy of the cabinet of the same content was made during the World War II. But in 1997, thanks to the initiative of the enterprising foreign Latvian Imants Freibergs the folk material digitization was launched with the aim that the folk songs could be available on the Internet for folklore researchers and simply for those interested. But on September 4, 2001, the Cabinet of Folksongs was inscribed in the UNESCO Memory of the World list, becoming a part of the world's culture. The folk songs represent the Latvian identity, they are a symbol that has been preserved from ancient times, and they tell the story of how we have survived through a wide range of time arcs.

Mostly thanks to the people's patriotism, it is the most preserved cultural value. And maintenance of the folk song value can start today, starting with everyone and the environment where we live because the nature is also a symbol of national identity. And the main thing is to be proud of who you are, not to lose the identity around the world, and pass it on to future generations.

TOURISM AND SIGHTSEEING IN JELGAVA

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For a long time Jelgava is not just a city in a low and wet place with a Palace and a market. It is a city, which we call the capital of Zemgale, educational and cultural centre. Demolished, burned and rebuilt in the twentieth century, it still locates in Zemgale plain by the river Lielupe side. Jelgava is a hospitable city, which wants and knows how to host guests. Despite all last century war destruction, there are still architectural, cultural, history and nature monuments as well as modern buildings. Jelgava has formed as various nationalities